

200 S. Central Campus Drive, Union 159 | Salt Lake City, Utah 84112-9113 | Phone 801-581-8876 | international@utah.edu | www.iss.utah.edu

This form is to request a reduced course load due to a student's temporary illness or other medical condition. All international students on an F-1 or J-1 visa are required to maintain full time credit hours each semester in order to maintain their immigration status in the U.S. unless recommended by an approved medical provider and authorized by International Student & Scholar Services for a reduced course load.

**Please Note:** According to the Department of Homeland Security, 8 C.F.R. 214.2 (f)(6)(iii)(B) for F-1 status and 22 C.F.R. 62.23(e) for J-1 status, a student is allowed a **maximum of 12 months** (roughly 3 semesters) of Medical Reduced Course Load. Should a student need more time on a reduced course load, students **MUST** speak with ISSS to review further options. Medical reduced course loads **SHOULD NOT** be used for temporary, non-severe illnesses and are not intended for students attempting to circumvent minimum course requirements for non-medical reasons (course preference, financial difficulties, etc).

**Medical Professional Requirements:**

**According to 8 CFR 214.2(f)(6)(iii)(B), the student must provide medical documentation from a licensed medical doctor, a licensed doctor of osteopathy, a licensed psychologist, or a licensed clinical psychologist to the DSO to substantiate the illness or medical condition.**

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**STUDENT INFORMATION**

Student First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_ UNID #: \_\_\_\_\_

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**To be completed by a U.S. Licensed Medical Doctor, Doctor of Osteopathy, Licensed Psychologist, or Clinical Psychologist:**

1. Please check the term you are recommending this reduced course load:  Spring 20\_\_\_\_ **OR**  Summer 20\_\_\_\_ **OR**  Fall 20\_\_\_\_

2. Please initial in ONE of the appropriate boxes:

- I recommend the student take a reduced course load consisting of no less than 6 in-person credits during the indicated semester
- I recommend the student takes no classes (0 credits) during the indicated semester

3. Please provide a brief description of the medical reason student is recommended for reduce enrollment:

4. **If this student is currently employed, is continued employment appropriate or recommended during this medically reduced course load period?** (Full-time employment is not permitted during a medically reduced course load semester. Part-time employment may be approved if it is directly related to promoting the student's health and wellness). *Please initial in the appropriate box.*

- Yes  No  N/A

**By signing below, I acknowledge that I am supporting a medically reduced course load for this student. To the best of my knowledge, the above information is complete and accurate.**

Title:  Licensed Medical Doctor (MD)  Doctor of Osteopathy (DO)  Licensed Clinical Psychologist License #: \_\_\_\_\_

Medical Provider's Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Provider's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Name of Clinic and address: \_\_\_\_\_

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**ADDITIONAL SIGNATURES:**

**FOR UNIVERSITY OF UTAH HEALTH CARE PROVIDERS** (Please sign acknowledging support of medical reduced course load in addition to Licensed Medical Doctor, Doctor of Osteopathy, or Licensed Clinical Psychologist Signature above)

Health Care Provider's Name: \_\_\_\_\_ Provider's Signature: \_\_\_\_\_

Title:  Licensed Counselor  DNP  Other: \_\_\_\_\_ Date: \_\_\_\_\_

**\*\*Please note: falsifying documents or submitting fraudulent documents is a serious offense. Students engaging in fraudulent behavior may be subject to university and/or immigration sanctions.\*\***