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The purpose of the Exchange Visitor (EV) Program is to provide visitors to the U.S. with an opportunity to participate in educational and cultural programs and to share their experiences upon their return home, as well as to encourage Americans to participate in educational and cultural programs in their country.
**Did you know...**

Your I-94 arrival/departure record is evidence that you have been admitted to the United States in “J-1 status”. The I-94 identifies the date and class (J-1) of your admission to the US, as well as the expiration date of your period of authorized stay. For EVs on a J-1 visa, the period of authorized stay is duration of status, also known as D/S, which is "stamped" on your visa. You and your dependents will have a new I-94 with each new entry to the USA, so please keep all new I-94s for your records and provide a copy to the ISSS office, as this is the document that identifies that you have a legal status in the US. Please visit the official I-94 website for more information on the I-94 and how to access your most recent I-94 record.

**Did you also know...**

If you will end your J-1 program 15 days earlier than expected based on the program end date on your most current DS-2019, you must notify ISSS. You can do so by submitting a Shorten Program Request E-form through iStart. For example, if the current program end date on your DS-2019 is 12/31/2020 and you decide to leave 12/01/2020, you will need to submit the E-form because you are leaving more than 15 days earlier than expected. If you leave on 12/20/2020, you will not need to submit the e-form.

**Please Note:**
- The end date on your DS-2019 will be amended to match the last day of your research/teaching program, and a new DS-2019 will be issued. It is important to keep a copy of all DS-2019s in order to have record of your J-1 program; therefore, it is important to pick up your final DS-2019.
- If you end your program early, you are still eligible for a **30-day grace period**. This period is not for study or research, but for travel and tourism throughout the U.S. If you depart the U.S. during or after the end of your 30-day grace period, you will not be able to re-enter the U.S. on your current J-1 visa.
IN THE NEWS...

COVID-19 and Self-Isolation

Follow the links below for ideas of things you can do with your family while on self-isolation:

100+ Fun Things to Do at Home Right Now, From Virtual Tours to Animals Cams and More

Store cupboard and self isolation recipes and resources

2020 Census Information

2020 is a census year. This means that the United States Census Bureau (a division of the Federal Government) is running a census to try to get an accurate number of the population of the United States. You should have received emails, notices in the mail, or other notifications to report your residence and the number of people who live in your household on the Census. International students and scholars are also required to provide this information. Please click here for more information about the 2020 Census process.
ISSS Announcements...

UAtlas
Beginning May 4, the iStart portal is getting a new design! The login portal, which is currently known as iStart, will now be called UAtlas.

What exactly is changing?

- We will no longer direct you to iStart as the location where you can submit your E-forms, but instead direct you to UAtlas.
- The UAtlas logo will appear on our website, forms, and social media. This logo is a quick visual that will help you identify when and where you can access the login portal.
- The login page will also look receive a makeover, simplifying the page to include one clear login button in red under the section “Current Students, Faculty, or Staff.

More information will be sent out once the transition takes place. Our goal at ISSS is to make our services easy to access and navigate for everyone, and we hope these changes make our system more user friendly!

New Landing Page
The J-1 Program has a new landing page live on our website, go check it out!
If you love nature and want to experience the great outdoors, visit one of the 5 national parks in the state of Utah, known as the Mighty 5. The United States has a total of 61 national parks, but 5 of them are located in Utah, and all are within a ½ day drive of Salt Lake City. Be sure to take advantage of this opportunity before you leave so that you can tell your friends and family that you visited a place that looks like the planet Mars. Follow this video of the Mighty 5 for more information.
PLEASE REMEMBER TO ALWAYS...

- Update ISSS of any change in your physical address, phone number, and e-mail address within 10 calendar days of the change through iStart.

- Request a travel signature on your DS-2019 if you plan to depart the U.S. and return to continue your exchange program. When you submit your DS-2019 for a travel signature, we will provide a travel survey for you to complete. The travel survey lists information helpful to know to successfully re-enter the U.S.

- Maintain health insurance that meets the requirements of the Exchange Visitor Program for the entire duration of your stay as indicated by the begin date and end date listed on your DS-2019.

- Visit the ISSS website for information and resources related to your J-1 visa.

J-1 Exchange Visitor Program

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