The purpose of the Exchange Visitor (EV) Program is to provide visitors to the USA with an opportunity to participate in educational and cultural programs and to share their experiences upon their return home, as well as to encourage Americans to participate in educational and cultural programs in their country.
The J-1 Exchange Visitor (EV) Visa has several different categories!
At the time of the application for a DS-2019, you were placed in a category based on the length and purpose of your visit, and each category allows specific activities in the U.S., such as research, collaboration, teaching, or observation. The categories listed below are the most common at the University of Utah.

- Research Scholar (5 year maximum)
- Professor (5 year maximum)
- Short Term Scholar (6 month maximum)
- Specialist (1 year maximum)
- Student Intern (1 year maximum)

Your J-1 visa is one of three documents required for travel (along with your passport and DS-2019). Although a J-1 visa must be valid to enter the U.S., a valid visa is not required to remain in the U.S.

Some of the most common questions related to a J-1 visa are the following:

Q. If my visa has expired, what do I do?
A. If you are currently in the U.S., an expired visa does not impact your legal status. Your I-94 identifies your legal status and your DS-2019 determines your length of stay.

Q. Can I renew my visa from within the U.S.?
A. No. A visa can only be issued at a US embassy or consulate abroad (outside) of the US.

Q. Do I need a new or “extended” visa if I want to extend my stay in the U.S.?
A. No. If you would like to request, and are approved for an extension of stay, ISSS will issue a new DS-2019 with a new “extended” program end date. The expiration date on your visa will not automatically change if your DS-2019 is extended. For more information on a DS-2019 extension, please visit our [website](#), and review the DS-2019 extension policy guide.

Please visit our [website](#) for more information on the University of Utah’s Exchange Visitor program, and become familiar with your category. The more you know about your visa status, the more you can benefit from your stay at the University of Utah.
IN THE NEWS...

University of Utah scholars have partnered with Google Street View to implement an air quality study in Salt Lake City. The car will drive throughout 26 neighborhoods throughout the valley, and with the acquired data, some of the University of Utah researchers will work on a study that has also been researched in Oakland, London, and Houston.

Google’s cars are one of many tools the University of Utah (U) atmospheric scientists use. In 2017, the U partnered with the Cooperative Institute for Research in Environmental Sciences, or CIRES, and NOAA to study wintertime air pollution with a NOAA Twin Otter research aircraft. The research team found that ozone and ammonium nitrate aerosol pollution are closely related, connected by the unusually named parameter “total odd oxygen.”

The end goal of the project is to provide information that will help residents and leaders of the Salt Lake Valley make science-based decisions to improve Utah’s air quality. The study will go on through the end of 2019. Read the whole article here.
FUN FAMILY THINGS TO DO...

Although Salt Lake City is better known for its great snow during the winter, Utah is an amazing place to be during the Summer.

Here are our TOP PICKS when it comes to fully enjoying what Utah has to offer in the Summer/Fall seasons.

On Campus

Red Butte Garden is the largest botanical garden in the Intermountain West. It is located on 100 acres in the foothills on the eastern edge of the University of Utah campus. The Garden has welcomed guests since 1985 and consists of over 21 acres of developed gardens and five miles of hiking trails through an extensive natural area.

Click here for more information.

In Salt Lake City

The Downtown Farmers Market was created in 1992. The market’s vendor mix represents more than 100 farms and ranches from within 250 miles of Salt Lake City. In addition to farm goods, handmade, locally-produce food, beverages and crafts can be found in the market. Make sure to check out this local gem!

Click here for more information.

Around Utah

Park City, despite its reputation as a ski town, offers amazing year-round entertainment, relaxation, and adventure. There are plenty of things to do around town and there’s always something for everyone. A few of the different things you may find there are: the famous Silver Star Café; the Utah Olympic Park; and also a Sunday Market on Main Street.

Click here for more information.
PLEASE REMEMBER TO ALWAYS...

- Update ISSS of any change in your physical address, phone number, and e-mail address within 10 calendar days of the change.

- Request a travel signature on your DS-2019 if you plan to depart the USA and return to continue your exchange program. When you submit your DS-2019 for a travel signature, we will provide a travel survey for you to complete. The travel survey lists information helpful to know to successfully re-enter the USA.

- Maintain health insurance that meets the requirements of the Exchange Visitor Program for the entire duration of your stay as indicated by the begin date and end date listed on your DS-2019.

- Visit the ISSS website for information and resources related to your J-1 visa.